



## THE STRIKE OUT STROKE® CAMPAIGN

STRIKE OUT STROKE® has been developed and is being directed by an independent group of volunteers with varying professional backgrounds, who are deeply concerned about the current statistics of stroke.

### Stroke Statistics

- **1 in 6** people will have a stroke in their lifetime.
- Over **475,000** people are living in Australia who have had a stroke. If you also take into consideration their carers this equates to **almost 1 million Australians living with the effects of stroke.**
- The incidence of young people having a stroke is dramatically increasing, thought to be mainly due to lifestyle. **30% of Australians that suffer a stroke are under the age of 60.**
- 80% of ischemic (blood clot) strokes are preventable.
- Only **36%** of people showing symptoms of a stroke arrive in hospital within 4.5 hours, in time to receive life saving treatment and also to possibly reduce the degree of disability. **Australia lags internationally** in patients receiving treatment in the necessary time frame. **US – 59%, UK – 62%, Australia – 36%.**
- There is currently no cure for stroke and much needed funds are required to support research.
- There is currently very little support available for stroke survivors, their carers and families once the patient, often with a physical and/or intellectual disability, is discharged from hospital or rehabilitation.
- Many stroke survivors, and their carers can lead an isolated and lonely journey, often leading to depression and anxiety.